***Mission Statement***

Too much health data is disjoint, not aggregated or well correlated for optimum benefit. This website attempts to correct issues such as this as knowledge becomes available and some potential curative or beneficial relationships.

It is the intent of this website to publish for free innovative health solutions by researching available biological data in a number of holistic and nutritional areas in order to combine/integrate that data with other known and experimental data for the benefit of creating not previously identified or well known disease cures-preventions as well as provide general health and longevity improvements.

***Caveat:***

This website attempts to offer what is felt to be of benefit, but the nature of the ideas and information offered herein is experimental by nature thus potentially have some minor to significant risks. Also, a significant amount of the data provided herein comes from reference sources of which we have no association other than by books those sources have written or information they have provided on the Internet. What is provided is significantly an interpretation developed by our understanding and is thus subject to error and misinterpretation. In addition, as everyone’s body and condition differs, what might work for one person might not work for another and by this results cannot be guaranteed or even safe for everyone. Because of this, one must take full responsibility to use any of the ideas or suggestions provided herein. If in doubt or at your discretion ask your health care provider.

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